



Little Saints News

February 2012 Calendar of Events

Donuts with Dad

Wednesday, February 1st 8:30-9:30am
Thursday, February 2nd 8:30-9:30am

Prayer Service

Wednesday, February 1st
Thursday, February 2nd

Registration Schedule:

Monday, January 30th 6:30-7:30pm
Pre-Registration for Little Saints Families currently enrolled in the program. Registration will be in the Fellowship Hall.

Monday, February 6th 6:30-7:30pm
Parishioner Registration in Room 12/14

Wednesday, February 8th
Open Registration

Prevent Blindness Vision Screening

Monday 14th & 15th

Spirit Days

Wednesday 15th & Thursday 16th

Wine Gala

Saturday 18th

NO SCHOOL-President's Day

Monday 20th

Ash Wednesday

Wednesday 22nd



DIRECTOR'S CORNER

I want to take this opportunity to thank the Parents' Association for the special Cookies and Chocolate Party they arranged for the staff and the delicious Mexican luncheon they served at the Staff In-service meeting. Our staff also thanks all of our parents for the gift cards we received from your donations to the Angel Fund. We appreciate your generosity. Thanks also to all who helped with Rodeo Day. This day is special because of you.

I hope that all of you are planning on attending our wonderful Wine Gala. Hala Snyder and Sandra Seaman, our co-coordinators are planning a very special evening with great wine and food, an auction, the special Patron's Wine Tasting with Ted Domitrovich returning with samples from his wine cellar and special Hors-d'oeuvres. The money we raise goes for improvements to our program, sunscreens for the playground, teacher wish lists, and teacher bonuses.

Last Saturday many of our teachers and I attended a workshop on the important roles *Diet and Exercise* play in the child development. Studies show that today children have a lower life expectancy than their parents, 27% of North Texas 2 year olds are at risk for obesity, overweight adolescents have a significantly higher prevalence of liver and kidney disease, and depressive symptoms, and that the strongest risk factor for childhood overweight is parental overweight. It is important to follow a diet which includes whole foods- fruits and vegetables, unprocessed foods, and to eliminate sugar and artificial sweeteners. The artificial sweetener, Aspartame, processes as formaldehyde in our bodies. It is better to drink water than juice. I know that many of you do watch what you feed your child, but we all need to be more aware of these findings if we are going to overcome the obesity problem that is continuing to grow.

Another important factor and way we can fight obesity in our children is to increase the amount of exercise our children do each day. Exercise and fitness are linked to academic achievement, improved self-esteem, and mental health. The U. S. Government recommends that Preschoolers have 60 minutes of structural physical activity daily, Toddlers need 30 minutes, and Infants should be exposed to movement and exploration opportunities several times a day. This should include locomotor, non-locomotor, manipulative, and weight maneuvering skills. If children do not master Fundamental Movement Skills by age five, they will never fully realize their potential to perform them. Each participating school took a theme and physical activities. We took our most recent theme, Rodeo Day, and talked about the ways we were able to incorporate physical activities. Some of these were galloping, line dancing, running, hopping and jumping on the bubble wrap, waving a lasso as we paraded down the halls and through the Fellowship Hall, climbing on and off the rocking horses, throwing bean bags. Skipping, bending, twisting, swinging, stretching, and reaching were some of the movements in our songs. These activities were broken down to categories of Locomotor Actions, Object Manipulation, Non-locomotor actions, and Weight Maneuvering. It was a great workshop and we came away with many new ideas. I also wouldn't be surprised if some of the other schools add a Rodeo Day to their curriculum. They really liked what we did!

Watch your calendar this month as we have Pre-registration, Registration for new students (tell all of your friends), Doughnuts with Dad, No School on President's Day and a vision screening with Prevent Blindness. Lenten Symbols will be due with an act of kindness that you will be doing during Lent. This is a wonderful opportunity to teach and to model for your children ways we can minister to others.

May God bless you on your Journey to Lent.



DONUTS WITH DAD—February 1st and 2nd

Dad will look like a super hero! Donuts with Dad's Day is a special opportunity for Dad to have fun with the kiddos at school in the morning but it's also the perfect chance to let Dad buy a small bouquet to be delivered at our May Mother's Day Program for only \$10. Fliers will be sent for those who can't make that morning but he won't want to miss getting lovely flowers that your child can deliver to Mommy after the concert. Keep an eye out for a flier in early January. Contact Kristine Schwope at kschwope@hotmail.com or 214-734-2281 with any questions.



BIG CHANGE IN BILLING AFTER CARE

Starting in February Kidokinetics will be billing for after care instead of Little Saints. I will still be billing all before care here at Little Saints. You can expect to receive a bill from Kidokinetics if you use after care. Prices will remain the same, but you will have the benefit of the option to pay with a credit or debit card. I want to thank you for your support and your help to get our before and after programs up and running! You all help us keep this bus moving in the right direction.

***Little Saints Child Development Program
10th Annual Wine Gala "Mardi Gras"***

Saturday, February 18, 2012

Patron's Private Reception 6 pm to 7 pm

Gala 7 pm to 11 pm

All Saints Fellowship Hall

We invite you to open your hearts and enjoy a wonderful evening of food, friends, wine and fundraising.

Gala Tickets: \$70 per person

Your Gala ticket includes:

- * 4 Stations of fabulous food by Gregorio's*
- * Entertainment*
- * Ability to bid on our amazing Silent Auction*
- * An evening full of memories*

Patron Tickets: \$100 each * Limited to 50 people *

As a Patron you will enjoy all the benefits of the Gala ticket, PLUS:

- ~ A Tasting of luxury and rare finds from a private cellar*
- ~ Choice tasting of couture cuisine*



Our Most Delicious Fundraiser Is Here!

With cookie dough, you can serve your family fresh-baked cookies anytime!

Our Cookie Dough fundraiser is almost here. Brochures will be sent home soon. The sale starts **February 20th** and ends **March 5th**. Delivery will be **April 3rd**, just before Easter which is April 8th.

All of the cookie dough varieties have 0 grams of trans fat and are available in easy-scoop tubs – just scoop, place and bake – or portioned pieces that you just place and bake. Either way, it's easier than ever to give your family fresh baked delicious cookies anytime while supporting our school.

It's as Easy as the Cookies Are Delicious!

1. When you receive your brochure, make your selections and share with your family, friends, even co-workers.
2. Collect payments at the time orders are placed. Make checks payable to: **All Saints/Little Saints**
3. Return orders and payment to school by: **Monday, March 5th**

Thank you for helping make this our most successful fundraiser ever!

Marie Gill and Monique Schmitz
Fundraising Chairpersons



Show Your Little Saints Spirit

Please have your child wear His/Hers spirit t-shirt
or a Red Shirt to show Little Saint Spirit!

Upcoming Spirit Day Dates



Feb 15/16
Mar 21/22
Apr 25/26
May 9/10



New Arrival

Lexington Gummer

November 30, 2011

7lbs.

Parents: Chris & Alisha

Siblings: Sonoma in the
Brown Class, Madisen and
Abbie

New Arrival

Zoe Fish

November 23, 2011

7lbs. 5oz. & 19"

Parents: Stephen & Cheryl

Siblings: Zachary in the
Blue Class

New Arrival

George Carl Everett III *"Tripp"*

January 4, 2012

8lbs. 14oz. & 21"

Parents: Matthew &
Nichol

Siblings: Sloane in the
Gold Class

MUSIC NOTES WITH MRS. NICTE



Learning styles are most commonly divided into three categories: auditory, visual, and kinesthetic. There are articles out there; just do a Google search, to keep you reading for days. The one thing they all say is that not everyone has the same style, and that is the truth. I wish I had known, while I was a student, what my learning style was. I am well aware of it now and set for the future student in me.

One of my favorite things about music is how you can use each of the three categories to teach kids about music (the beats, rhythms, patterns, etc.). The instruments, dances, and motions are good for the kinesthetic learner. The songs, lyrics and rhymes are great for the auditory learner. As for the visual learner, we have the colorful scarves, picture cards, and hand motions as well.

This past month we started using the drum at the beginning of each class. The students really enjoy drumming in different ways as we sing hello to them. Some will beat the drum slow, others fast, others in rhythm, and others very quietly. Some will try different ways within their turn. It's neat to watch them and what they try. Can you think of how this one activity touches each of the learning styles?

Have a very happy Valentine's Day! May your lives be blessed with love now and always!

Ms. Nichte

Reminder

Inclement Weather

School Closing

"Inclement weather closings of Richardson Independent School District (RISD) will be followed. Closings are announced on local radio and TV stations." (Page 9 of All Saints Little Saints Parent Handbook)

WWW.RISD.ORG or
469-593-7669 (SNOW)

Please always leave a good phone number on the arrival/departure sheets so that we can easily reach each parent in the event of an early closing.



5 Things You Don't Know About Me:

“5 THINGS YOU DON’T KNOW ABOUT ME”

Pat Doherty

1. To get my morning started I must get up early and go to the gym.
2. I love being on the web cam with my grandkids.
3. One of the most thrilling days of my life was seeing my two daughters walk the 60 mile three day breast cancer walk.
4. One of my goals is to visit Italy.
5. My favorite way to relax is reading a book.

Shirley Crotty

1. My favorite thing to do is read stories to children.
2. I think dark chocolate is good for everything, anytime, anywhere.
3. I could travel at the drop of a hat.
4. I am the detective for finding lost keys, scissors, glasses, pens, etc. (I have never lost my keys!)
5. I think three year olds are the strongest people in the world!

Our classrooms wish list...After 25 years in the program we don't need anything for our classroom.



VOLUNTEER UPDATE

We'd like to give a special thanks to all the Little Saints families who have contributed their time and effort toward the success of the on-going school year. Your generosity is valuable and essential to our program.

We would like to thank everyone who helped to make our Christmas Program a great success. The success of these events is only possible because of your individual and collective contributions.

We would like to congratulate the winner of our Volunteer of the Month drawing Mayra Yaeger-Hernandez. Finally, we'd like to recognize all of our wonderful volunteers this month. We cannot thank you enough!

15+ Hours

Mayra Hernandez

10-15 Hours

Linda LeBlanc

Sandra Seaman

5-10 Hours

Marissa Walton

1-5 Hours

Kristine Schwope

Dana Jaime

Surbhi Katyal

Hala Snyder

Nicte Hunt

Monique Schmitz

Norah Randles

Elizabeth Cornelius

Amy Helming

Lia Oberstar-Brown

Annick Gravel

Cathy Mergen

Please remember to log all of your volunteer hours legibly and in a timely manner.

Thank You,

Jeanette Rogers

Volunteer Appreciation



Come try your luck at the ASCS Casino Night and Live Auction March 24th.



This year boasts two tournaments, Texas Hold' Em and Blackjack, along with slot machines, crap tables and many other casino games. Food and drink will be plentiful, so throw on your sandals and cruise wear and join us for fun and fellowship. Help us **Set Sail to Success**.

Tickets are available after Mass on the weekends of Feb. 19th, Feb. 26th and March 4th. They are also available online at www.allsaintsk8.org then click the auction tab. The tournaments have limited seating so don't delay, reserve your place now!

Want to support ASCS but can't attend? Underwriting and sponsorships are available for individuals and corporations as well. Details are available online. For more information please contact Laura Olson at lolson@allsaintsk8.org.



**All Saint's Vacation Bible
School 2012: July 16-19**

from 8:45am-12:00pm

Theme: Sky

**Seeking Co-Directors for
Vacation Bible School 2012!**

Are you up to leading an adventure with All Saints' Sky Vacation Bible School helping the youth discover **Everything is Possible with God!!** Please call now to volunteer 972-778-0328!

VBS is great fun for youth of all ages (going into 6th gr through 12th gr) will enjoy volunteering to help with the younger children. For **Youth Volunteers** contact

Matt Woyak at mwoyak@allsaintsdallas.org.

For Adults wishing to volunteer, contact Kathy McDermott at 972-778-0328 or kmcdermott@allsaintsdallas.org. If you are not able to volunteer during the week please consider helping with set up on Sunday, July 15th. All volunteers need to be current on their Safe Environment clearance through July 2012.

This fun-filled program is for children 4 years old (potty trained) through those going into the 5th grade for 2011-2012. VBS enrollment forms will be available at allsaintsdallas.org or in the KLC of All Saints Catholic Church, 5231 Meadowcreek Lane, Dallas, TX. 75248 in **February 2012!!**